

The department of University Recreation serves the university community by providing a diverse selection of recreational opportunities and facilities, which are designed to enhance the quality of life of each participant. University Recreation is organized into eight program areas: Accessible Recreation, Club Sports, Facility Management, Fitness/Wellness, Instructional Programs, Intramural Sports and the Outdoor Connection Center.

University Recreation operates its main facility in the Health, Physical Education and Recreation building, which houses an Olympic-sized swimming pool, multiple gymnasiums, an indoor track, the Donna Axum Fitness Center, racquetball courts and the Outdoor Connection Center. In addition to the HPER building, UREC also operates the University Recreation Fitness Center, located on the second floor of the Arkansas Union, which features almost 6,000 square feet of fitness floor space, a 1,500-square-foot group exercise room, and men's and women's locker and shower facilities.

Memberships may be purchased by university faculty, staff and alumni for both the HPER building and the University Recreation Fitness Center. For additional information on the department of University Recreation, please visit <http://urec.uark.edu>.

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